

PRESS RELEASE

# Most Haunted's David Wells



Mind Body Soul Presents  
'Meet your Spirit Guide' with  
David Wells 2010

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David Wells returns to The Mind Body Soul exhibition in Olympia London to present his 'Meet your Spirit Guide' workshop on Saturday 2nd October 2010.

Ever wondered who stands beside you on your journey through life? Are you aware of your guides but don't know who they are or what they can do for you? What are personality, soul and spirit guides? In this illuminating workshop, David reveals techniques to enable you to meet your personal spiritual helpers.

Free programme available visit [www.mbsevents.co.uk](http://www.mbsevents.co.uk) or call 01787 224040

## **Mind Body Soul**

### **Olympia, London**

Opening Times: Sat & Sun 10am-6pm

**Admission on the door:** Adult £8.00 Conc. £6.00

Children under 16 free, must be accompanied by an adult.

-Ends-

For further information, photography or for interviews with any of the key speakers, please contact Hannah Irons on 01787 224040 or email: [Hannah@primeimpact.co.uk](mailto:Hannah@primeimpact.co.uk)



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