

Mind Body Soul Ticket Promotion

The Mind Body Soul Exhibition would like to give your readers the opportunity to change their lifestyles and become more calm, relaxed and spiritual ABSOLUTELY FREE!

For those who want to come along, The Mind Body Soul offers an introduction to the many ways we can get in touch with our spiritual and peaceful qualities. There are many workshops and stage demonstrations focusing on the different kinds of meditation, healing and spiritual traditions.

Many workshops and lectures at the exhibition are free, and we would like to give your readers the chance to win free entrance tickets as well! The lucky winners can enjoy many of the inspiring workshops or just enjoy the many different stands that provide everything needed for a relaxing lifestyle.

If you would like to proceed with the following competition or would like to discuss other promotional opportunities with us please call us on 01787 224040 or email maizie@primeimpact.co.uk

Yours sincerely

Maizie Murphy

WIN TICKETS To The Mind Body Soul Exhibitions

**2nd & 3rd October 2010
Olympia, London**

The Mind Body Soul Exhibition is offering lucky readers 30 pairs of two-day passes for the upcoming event, worth £24 a pair.



ALL YOU HAVE TO DO TO WIN is answer the following 2 questions:

1. What time does the event open on Saturday?
2. A Free programme is available to download on our website, what is the name of the web address ?



The Old School
Colchester Road
Wakes Colne
Colchester
Essex
CO6 2BY

t: 01787 224040
f: 01787 223535
e: info@primeimpact.co.uk
w: www.primeimpact.co.uk

Prime Impact Events & Media (Ltd)

Registered Office
146 New London Road
Chelmsford CM2 0AW

Registered in England
No. 3220574

There has never been a better time to discover the many delights the Mind Body Soul Exhibition has to offer. Words of wisdom and inspiration to transform your life, join Gary Mannion, Tony Stockwell, David wells to list a few top speakers at this event.

Release some of the day to day pressures and unwind with two days of alternative bliss. Pamper yourself, be entertained and inspired then leave uplifted with a spring in your step.

For further information or a free exhibition programme telephone 01787 224040 or register on our web-site: www.mbsevents.co.uk

Mind Body Soul Exhibition 2nd & 3rd October 2010

Olympia, London

Opening Times: 10am -6pm Sat & Sunday

Admission Adults £8.00 Conc. £6.00

Children under 16 free, must be accompanied by an adult.

-Ends-

For further information, photography or for interviews with any of the key speakers, please contact Hannah Irons on 01787 224040 or email: hannah@primeimpact.co.uk

Send your answers, along with your name, address, email and telephone number to;

<p>YOUR POSTAL ADDRESS</p> <hr/> <hr/>

Competition ends
20th September, 2010